



TCES NATIONAL ONLINE SCHOOL THERAPEUTIC INTERVENTIONS



THE COMPLETE
EDUCATION SOLUTION
NATIONAL ONLINE SCHOOL



All TCES students receive therapeutic interventions, based on individual needs. Therapy within TCES National Online School (NOS) is delivered using a three-tiered, specialist approach.

With more complex student needs, the level of intervention increases in intensity, helping every student achieve their academic and emotional potential.

The level of therapeutic need is initially determined from the referral paperwork, including an EHCP if available. Where further concerns or indicators persist we will undertake a Parent/Carer & Teacher Assessment to develop a further understanding of the pupil's underlying symptoms and needs.

The Therapeutic Treatment Plan will then be reviewed on a regular basis through the Clinical & Inclusion meetings using ongoing assessment, engagement, behaviour and attendance data. Students will move between tiers as their needs change.



Universal Therapy
Included in weekly fee



Targeted Group Therapy
Included in weekly fee



**Great Minds
Intensive Therapy**
Available at additional cost



UNIVERSAL THERAPY

The universal level of therapy is available to all NOS students and is delivered through Integrated Systemic Milieu Therapy (ISMT). ISMT creates a wraparound positive, supportive environment for individuals to grow and heal. It works across different aspects of a person's life, such as their emotional, social, and educational experiences to help them overcome any difficulties they may be facing.

Within NOS, ISMT integrates therapeutic practice into every aspect of a student's school life by creating a safe and supportive atmosphere. Therapy is integrated into all daily routines, helping students in a holistic and comprehensive way.

This is achieved using the TCES principles of therapeutic education, regular staff training and supervision, lesson drop-ins and collaborative working between all NOS teachers and therapists.

What does the Universal Offer include?

Access to the universal toolkit of resources created by the TCES therapy team. This includes:

- Integration resources for new starters
- Emotional Literacy skills and activities
- Relationship building with NOS teachers
- Sensory strategies within the home
- NOS specific universal daily intervention guidelines. These are a set of recommendations developed by the therapy team to help staff support a student in a therapeutic manner.
- These guidelines outline strategies and interventions to be implemented on a daily basis to promote the student's emotional, social, and academic success.
- Ongoing assessments through weekly consultations with the teaching and learning team and other relevant professionals.
- Regular training for TCES staff – a minimum of one training per therapeutic discipline per academic term (Speech and Language, Occupational Therapy and Psychotherapy).
- Teaching staff have access to a minimum of one clinical supervision session provided by a member of the therapy team per academic term. This is used for professional development and guidance on particular case needs.

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TARGETED GROUP THERAPY

Targeted intervention is provided for students who may be at risk of developing emotional or behavioural challenges, or those with existing mild to moderate needs. This might involve small-group therapy sessions or specialised programmes to address specific needs.

Targeted sessions are embedded within each student's weekly timetables. Depending on needs, this targeted therapy offer may replace small-group subject classes until a student is ready to access this level of learning.

What does the Targeted Offer include?

- Everything included within the Universal Offer.
- The student may access a targeted therapy group or indirect therapy provision. If indirect intervention is recommended, this could be delivered by the tutor or another member of the team, with support from the therapy team's daily intervention guidelines.
- The therapy team will be involved in each student's Success Report and end of term reports.
- Example group therapies within NOS could include (depending on timetable and availability):

Sensory Processing

Attention & focus, transitioning between activities, sensory perception skills, emotional regulation
e.g. Movement Breaks

Language & Social Skills

Social communication skills such as turn taking, active listening, joint problem solving.
Plus language concepts. *e.g. Lego Therapy*

Social Communication & Interaction

Initiating a conversation, listening, asking and answering questions, flexible thinking, understanding and expression of emotions, assertiveness.

Expressive Arts Group

Problem solving, verbal reasoning, creative thinking, relationship building, identity exploration, safe space.
e.g. Dungeons & Dragons

Emotional Literacy & Emotional Regulation

Targeting development of emotional literacy and regulation, self-awareness, and awareness of others
e.g. Zones of Regulation



GREAT MINDS INTENSIVE THERAPY

Intensive intervention is available for students with significant emotional or behavioural needs, or those with very specific EHCP therapy requirements. This may include one-on-one therapy sessions or other intensive support services delivered through TCES Great Minds, which

can also provide therapy interventions online for non-TCES students.

Intensive Therapy interventions are charged at an additional cost beyond the NOS weekly fee and will only be provided in agreement with the funding party.

What does the Intensive Offer include?

- Initial Assessment – full review of all paperwork, consultation with parent/carer and teaching staff, direct assessment with the student and detailed assessment report with recommendations.
- Intervention Planning – therapy goals are informed by the detailed assessment. Daily intervention guidelines for parents/carers and teaching staff.
- Delivery of Intervention – weekly therapy sessions of 30 minutes, plus 15 minutes of record keeping and 15 minutes of feedback to parent/carer and teaching staff.
- Progress tracking, including detailed contribution to Success Reports and end of term reports
- End of therapy report and recommendations.

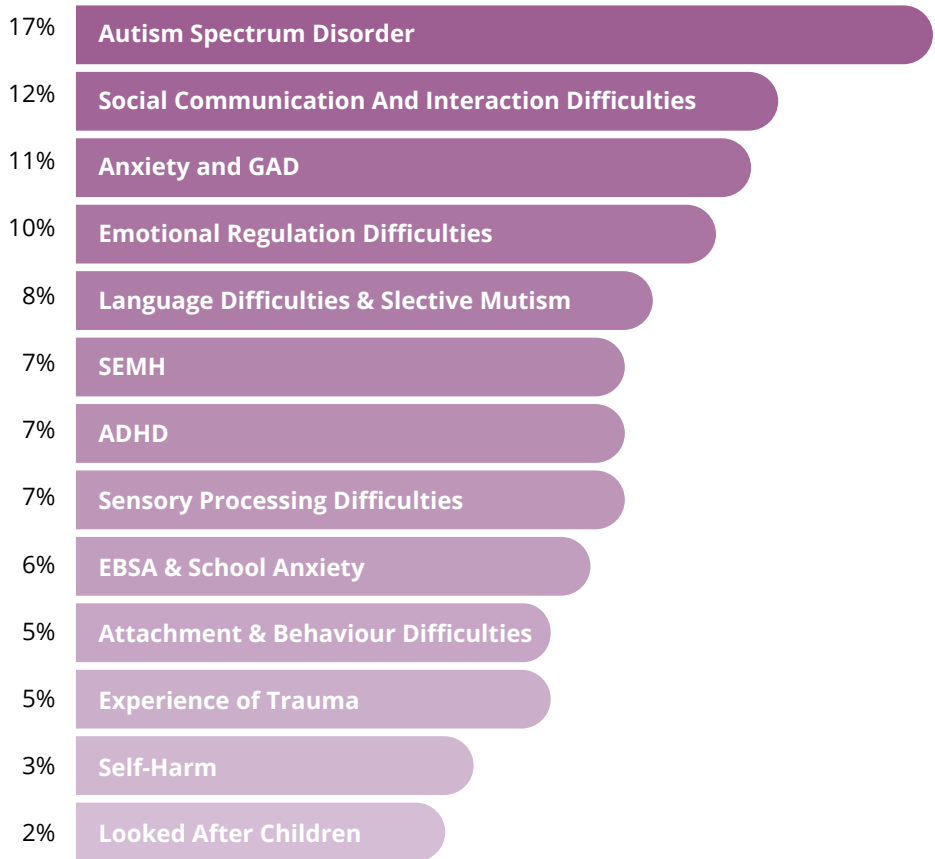
TCES Great Minds Intensive Therapy Offer:

Please note that TCES Great Minds Intensive Packages are available for TCES Students and non-TCES Students to book.

Package	Details	Cost
Occupational Therapy Assessment	Initial Assessment and report	£400
Occupational Therapy Sessions	12 hours of 1:1 sessions (40mins face to face per hour) & End of Therapy Report	£1,440
Speech and Language Therapy Assessment	Initial Assessment and report	£400
Speech and Language Session	12 hours of 1:1 sessions (40mins face to face per hour) & End of Therapy Report	£1,440
Creative Arts Psychotherapy Sessions	12 hours of 1:1 sessions (40mins face to face per hour) & End of Therapy Report	£1,440

Please note: Other Psychological assessments and sessions available through TCES Great Minds Therapy provision.

Current Needs of NOS students



Data correct as of March 2024, based on EHCPs



CREATING UNIQUE JOURNEYS FOR LIFE AND LEARNING

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TCES is committed to safeguarding vulnerable children and young people and safeguarding is the responsibility of us all.

